

Powerhouse Gym of Traverse City

3031 Cass

Traverse City, Mi., 49684

231 946-1331

10 % discount on all memberships to state employees showing their state I.D. cards. Family memberships are offered at a reduced rate for 6month and 1 year memberships.

Amenities

- ♦ Certified Master Trainers on staff
- ♦ Boot Camp Aerobics classes
- ♦ Tanning available
- ♦ Certified massage therapist on staff

Our gym is newly remodeled with:

- ♦ Bodymaster &
- ♦ Nautilus equipment.
- ♦ Full line of Life Fitness equipment.
- ♦ Extensive cardiovascular area.

Hours:

Monday-Friday: 5 AM-10 PM

Saturday: 8AM-6 PM

Sunday: 10AM-4PM